

### Clinical Guidelines

#### Indications for Use:

- Aids in the prevention and management of pressure injuries in people at risk
- Aids in positioning for people who require assistance
- Aids in providing comfort

#### Risk Assessment:

- Limited ability to reposition self
- Braden score of 18 or less
- Braden Activity subscore of 1-3
- Braden Mobility subscore of 1 or 2
- Existing or history of pressure injuries



#### Suggested uses of the WAFFLE Cushion in the seated, supine, prone and side-lying positions

Pressure Injury Prevention and Management	Positioning	Comfort
<p><b>Consider for patients who need pressure redistribution over bony prominences:</b></p> <ul style="list-style-type: none"> <li>• Under the head, arm, trunk, pelvis, legs and feet</li> <li>• Between the knees or ankles</li> <li>• During prolonged sitting, e.g., chair-bound patients, chemotherapy or hemodialysis</li> <li>• In bed or on a stretcher</li> <li>• During surgery or other procedures</li> </ul>	<p><b>Consider for patients in need of additional support:</b></p> <ul style="list-style-type: none"> <li>• Behind the back or upper thigh to support side-lying</li> <li>• Under the calf to offload the heels</li> <li>• Under the pannus to allow for breathability</li> <li>• Under superficial nerves to minimize soft tissue distortion, e.g., ulnar, radial, lateral femoral cutaneous and peroneal nerves</li> <li>• Under the chest/upper torso in prone to minimize stretching of the brachial plexus</li> </ul>	<p><b>Consider for patients who need comfort:</b></p> <ul style="list-style-type: none"> <li>• When seated for a prolonged period</li> <li>• During pregnancy or after perineal surgeries/procedures, e.g., gynecological, colorectal, urological or postpartum</li> <li>• Following orthopedic/trauma injury, e.g., hip fracture, amputation</li> <li>• Due to cancer-related pain</li> </ul>

#### Interventions

- When used in prone positioning ensure airway remains unobstructed
- Ensure pressure is properly redistributed around bony prominences at least once per shift and after repositioning
- Encourage patients to perform weight shifts every 15–20 minutes while seated in a chair
- Perform skin assessments per hospital policy
- Avoid direct contact between skin and product by using a pillowcase or breathable underpad
- Follow facility protocol

#### Contraindications

- Unstable spine
- Recent sacral flap surgery, unless otherwise determined by facility protocol

#### Additional Information

- Single patient use
- Patients may require the **WAFFLE Cushion, Small** or the **WAFFLE Cushion, Extra Large** based on body type
- WAFFLE Cushion should only appear 60% full
- The WAFFLE Cushion can be used across the continuum of care