

WHY should I use my WAFFLE[®] Cushion?

Your sit bones and tailbone are at high risk for pressure injuries¹

Pressure injuries (bed sores) can develop when pressure is put on bony areas for long periods of time. This can occur when people with fragile skin are moved in their chair.

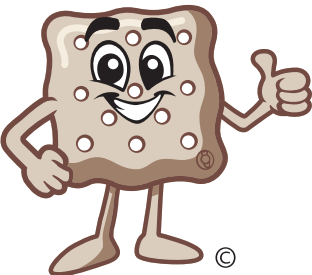
- 2.5 million patients develop pressure injuries each year²
- 2 hours is the potential length of time pressure injuries can develop³



The WAFFLE Cushion Protects You

The WAFFLE Cushion helps reduce your risk of pressure injuries and helps improve comfort when sitting.

- Lifts sit bones and tailbone off the surface when properly inflated
- Allows your body to sink into the product, helping increase comfort
- Unique venting holes provide airflow to keep you comfortable



Quick Tip
Your WAFFLE Cushion should only look about

60% FULL

 **Continue Your Care With EHOB[™]**
Find the WAFFLE Overlay and other trusted pressure injury prevention products at: <https://shop.ehob.com/>

The WAFFLE® Cushion Used Beyond a Seating Surface



Behind the Head



Between the Knees



Under the Elbow



Additional Support for Bony Areas



Scan the QR code to view an instructional video or go to:
<https://www.ehob.com/products/waffle-seat-cushion/>

1.) Therattil, P. J., Pastor, C., & Granick, M. S. (2013, January 23). Sacral pressure ulcer. Retrieved from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3558853/> 2.) "Preventing Pressure Ulcers in Hospitals." AHRQ, U.S. HHS: Agency for Healthcare Research and Quality, 2 Oct. 2014, www.ahrq.gov/professionals/systems/hospital/pressureulcertoolkit/index.html 3.) Kosiak M, Kubicek WG, Olson M, et al. Evaluation of pressure as a factor in the production of ischial ulcers. Arch Phys Med Rehabil. 1958;39:623-29



250 N Belmont Avenue • Indianapolis, IN 46222 • 800.899.5553 • EHOB.com