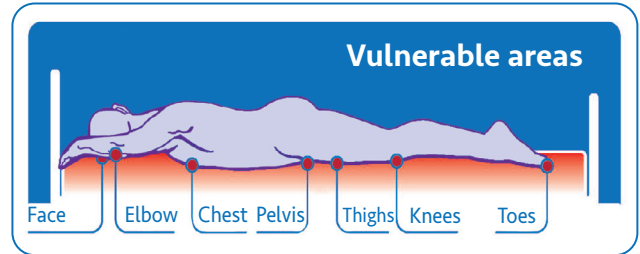


Prone Positioning Solutions

NPIAP recommends a pressure redistribution surface and positioning devices be used to offload areas at risk for pressure injury while in the prone position.¹

The WAFFLE Overlay has been used in the acute care setting for pressure injury prevention in supine and sidelying positions for over 35 years. A simple concept, supported by scientific principles, consists of a pliable, air-filled container designed to envelop the body and allow for immersion into the support surface. A reduction in peak pressures over bony prominences occurs because pressure is redistributed. Using the WAFFLE Overlay in the **prone position** follows these same scientific principles to protect patients from pressure injuries on all surfaces.



Recommended Set up and Use:

1. With the patient in the supine position, ensure that there is a flat sheet between patient and the WAFFLE Overlay. Deflate
2. Place patient into the prone position using facility approved technique
3. Inflate the WAFFLE Overlay at the clear valve with recommended number of strokes
4. Perform a hand check under the lower rib cage or pelvis to verify proper WAFFLE Overlay inflation: 1/2 – 1" of air between WAFFLE Overlay and patient, as the patient should be immersed into the WAFFLE Overlay



Different configurations of the WAFFLE Overlay may be necessary for pressure redistribution or proper positioning due to various body shapes and sizes.

To ensure proper pressure redistribution in the awake prone position, place the patient on a WAFFLE Overlay



If added chest elevation is needed, tuck a corner or fold the WAFFLE Overlay underneath itself near the top of the shoulders.



To protect the knees and toes, a WAFFLE Overlay may be folded under to offload the toes.



Note: Modify as needed based on clinical judgement or facility protocol.

1. Pressure Injury Prevention-PIP Tips for Prone Positioning. Npiap.com. (2020). Retrieved 11 November 2020, from https://cdn.ymaws.com/npiap.com/resource/resmgr/online_store/posters/npiap_pip_tips_-_proning_202.pdf.